



## **LG&L ON ACCEPTANCE AND HEALING**

The following is a list of ten illnesses, and the feelings, once accepted, that can release more energy toward a cure.

Accepting feeling DISCONNECTED helps with ALLERGIES

Accepting feeling OUT OF CONTROL helps with ALZHEIMER'S

Accepting feeling INFLEXIBLE helps with ARTHRITIS

Accepting feeling NOT GOOD ENOUGH helps with CANCER

Accepting feeling MISSING OUT helps with COLITIS

Accepting feeling LIMITED helps with DIABETES

Accepting feeling MISUNDERSTOOD helps with EPILEPSY

Accepting feeling POWERLESS helps with ASTHMA

Accepting feeling HELPLESS helps with PARALYSIS

Accepting feeling UNACCOMPLISHED helps with ULCERS

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