LG&L ON ACCEPTANCE AND HEALING

The following is a list of ten illnesses, and the feelings, once accepted, that can release more energy toward a cure.

Accepting feeling DISCONNECTED helps with ALLERGIES
Accepting feeling OUT OF CONTROL helps with ALZHEIMER’S
Accepting feeling INFLEXIBLE helps with ARTHRITIS
Accepting feeling NOT GOOD ENOUGH helps with CANCER
Accepting feeling MISSING OUT helps with COLITIS
Accepting feeling LIMITED helps with DIABETES
Accepting feeling MISUNDERSTOOD helps with EPILEPSY
Accepting feeling POWERLESS helps with ASTHMA
Accepting feeling HELPLESS helps with PARALYSIS
Accepting feeling UNACCOMPLISHED helps with ULCERS