JIM’S READING LIST

General Interest

Elizabeth Lesser – Broken Open, How Difficult Times Can Help Us Grow
Eckhart Tolle – A New Earth, Awakening to Your Life’s Purpose
Perry Wood – Secrets of the People Whisperer
Jill Bolte Taylor - My Stroke of Insight
Ram Dass – I’m Still Here
Martin Brofman – Anything Can be Healed
Byron Katie – Loving What Is
Robin Rose Bennett – Healing Magic

Science

Fritjof Capra – The Tao of Physics
Les Flemming – Open Focus Brain
Shift…the magazine of the Institute of Noetic Science

Buddhism

Adyashanti – Emptiness Dancing
Chris Prentiss – Zen and the Art of Happiness
Ken Wilber – No Boundary and Grace and Grit
Ezra Bayda – At Home in the Muddy Water

Any books by: Pema Chodron, Sharon Saltzberg, Cheri Huber and Dennis Genpo Merzel

Judaim

Rifat Sonsino – The Sacred Art of Loving Kindness
David Copper – God is a Verb…Kabbalah and the Practice of Mystical Judaism
David Cooper – A Heat of Stillness…Learning the Art of Meditation
David Cooper – Ecstatic Kabbalah
Abraham Twerski – Happiness and the Human Spirit
Rabbi Elie Kaplan Spitz – Healing from Despair…Choosing Wholeness in a Broken World
Rabbi Rami Shapiro – The Sacred Art of Loving Kindness
Rabbi Lawrence Kushner – Kabbalah…A Love Story
Arthur Green – Seek My Face…A Jewish Mystical Theology
Christian

William Johnston – Mystical Theology…The Science of Love
Neil Douglas-Klotz – the Hidden Gospel…Decoding the Spiritual Message of the Aramaic Jesus
Henri Nouwen – Life of the Beloved…Spiritual Living in a Secular World
Leonardo Boff – Saint Francis…A Model for Human Liberation
Kavanaugh & Rodriguez – The collected works of St. John of the Cross
St. Teresa of Avila – The Interior Castle
Parabola Anthology Series – The Inner Journey…Views from the Christian Tradition
Stephen Mitchell – The Gospel According to Jesus

Multi-Faith Based

Wayne Tesdale – The Mystic Heart…Discovering a Universal Spirituality in the World’s Religions
Bede Griffith – River of Compassion…A Christian Commentary on the Bhagavad-Gita