JIM'S READING LIST

General Interest

Elizabeth Lesser – Broken Open, How Difficult Times Can Help Us Grow Eckhart Tolle – A New Earth, Awakening to Your Life's Purpose Perry Wood – Secrets of the People Whisperer Jill Bolte Taylor - My Stroke of Insight Ram Dass – I'm Still Here Martin Brofman – Anything Can be Healed Byron Katie – Loving What Is Robin Rose Bennett – Healing Magic

<u>Science</u>

Fritjof Capra – The Tao of Physics Les Flemming – Open Focus Brain Shift...the magazine of the Institute of Noetic Science

Buddhism

Adyashanti – Emptiness Dancing Chris Prentiss – Zen and the Art of Happiness Ken Wilber – No Boundary and Grace and Grit Ezra Bayda – At Home in the Muddy Water

Any books by: Pema Chodron, Sharon Saltzberg, Cheri Huber and Dennis Genpo Merzel

Judaism

Rifat Sonsino – The Sacred Art of Loving Kindness David Copper – God is a Verb...Kabbalah and the Practice of Mystical Judaism David Cooper – A Heat of Stillness...Learning the Art of Meditation David Cooper – Ecstatic Kabbalah Abraham Twerski – Happiness and the Human Spirit Rabbi Elie Kaplan Spitz – Healing from Despair...Choosing Wholeness in a Broken World Rabbi Rami Shapiro – The Sacred Art of Loving Kindness Rabbi Lawrence Kusher – Kabbalah...A Love Story Arthur Green – Seek My Face...A Jewish Mystical Theology

Christian

William Johnston – Mystical Theology...The Science of Love
Neil Douglas-Klotz – the Hidden Gospel...Decoding the Spiritual Message of the Aramaic Jesus
Henri Nouwen – Life of the Beloved...Spiritual Living in a Secular World
Leonardo Boff – Saint Francis...A Model for Human Liberation
Kavanaugh & Rodriguez – The collected works of St. John of the Cross
St. Teresa of Avila – The Interior Castle
Parabola Anthology Series – The Inner Journey...Views from the Christian Tradition
Stephen Mitchell – The Gospel According to Jesus

Multi-Faith Based

Wayne Tesdale – The Mystic Heart...Discovering a Universal Spirituality in the World's Religions **Bede Griffith** – River of Compassion...A Christian Commentary on the Bhagavad-Gita